**Psychiatric Assessment**

**History**

Presenting complaint & related history

Background history (birth, early development, childhood’

Schooling (schools attended, educational progress)

Occupations (occupational history)

Psychosexual (history of intimate relationships, children, family)

Forensic (history of convictions, other offending behaviour, punishments)

Past Medical History (details of previous physical health problems and contact with health services)

Past Psychiatric History (details of previous psychiatric problems and contact with MH services)

Family History (physical and mental illness)

Social Circumstances

Alcohol & drug history (past & current use of substances, pattern of use, effects)

**Mental**  **State Examination**

Appearance & Behaviour

Speech

Mood – subjective & objective

Thought form & content

Perception (all 5 sensory modalities)

Cognition

Insight

Risk – to self and to others

**Formulation**

**Management plan**